# A Risk Comparison of Ordinary Least Squares vs Ridge Regression

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#### Abstract

We compare the risk of ridge regression to a simple variant of ordinary least squares, in which one simply projects the data onto a finite dimensional subspace (as specified by a principal component analysis) and then performs an ordinary (un-regularized) least squares regression in this subspace. This note shows that the risk of this ordinary least squares method (PCA-OLS) is within a constant factor (namely 4) of the risk of ridge regression (RR). **Keywords:** risk inflation, ridge regression, pca

## **1. Introduction**

Consider the fixed design setting where we have a set of *n* vectors  $\mathcal{X} = \{X_i\}$ , and let **X** denote the matrix where the *i*<sup>th</sup> row of **X** is  $X_i$ . The observed label vector is  $Y \in \mathbb{R}^n$ . Suppose that:

$$Y = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon},$$

where  $\varepsilon$  is independent noise in each coordinate, with the variance of  $\varepsilon_i$  being  $\sigma^2$ .

The objective is to learn  $\mathbb{E}[Y] = \mathbf{X}\beta$ . The expected loss of a vector  $\beta$  estimator is:

$$L(\boldsymbol{\beta}) = \frac{1}{n} \mathbb{E}_{\mathbb{Y}}[\|\boldsymbol{Y} - \mathbf{X}\boldsymbol{\beta}\|^2],$$

Let  $\hat{\beta}$  be an estimator of  $\beta$  (constructed with a sample *Y*). Denoting

$$\boldsymbol{\Sigma} := \frac{1}{n} \mathbf{X}^T \mathbf{X},$$

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we have that the risk (i.e., expected excess loss) is:

$$\operatorname{Risk}(\hat{\beta}) := \mathbb{E}_{\hat{\beta}}[L(\hat{\beta}) - L(\beta)] = \mathbb{E}_{\hat{\beta}} \|\hat{\beta} - \beta\|_{\Sigma}^{2},$$

where  $||x||_{\Sigma} = x^{\top} \Sigma x$  and where the expectation is with respect to the randomness in *Y*.

We show that a simple variant of ordinary (un-regularized) least squares always compares favorably to ridge regression (as measured by the risk). This observation is based on the following bias variance decomposition:

$$\operatorname{Risk}(\hat{\beta}) = \underbrace{\mathbb{E} \| \hat{\beta} - \bar{\beta} \|_{\Sigma}^{2}}_{\operatorname{Variance}} + \underbrace{\| \bar{\beta} - \beta \|_{\Sigma}^{2}}_{\operatorname{Prediction Bias}} , \qquad (1)$$

where  $\bar{\beta} = \mathbb{E}[\hat{\beta}]$ .

### 1.1 The Risk of Ridge Regression (RR)

Ridge regression or Tikhonov Regularization (Tikhonov, 1963) penalizes the  $\ell_2$  norm of a parameter vector  $\beta$  and "shrinks" it towards zero, penalizing large values more. The estimator is:

$$\hat{\beta}_{\lambda} = \underset{\beta}{\operatorname{argmin}} \{ \|Y - \mathbf{X}\beta\|^2 + \lambda \|\beta\|^2 \}.$$

The closed form estimate is then:

$$\hat{\boldsymbol{\beta}}_{\lambda} = (\boldsymbol{\Sigma} + \lambda \mathbf{I})^{-1} \left( \frac{1}{n} \mathbf{X}^T Y \right).$$

Note that

$$\hat{\boldsymbol{\beta}}_0 = \hat{\boldsymbol{\beta}}_{\lambda=0} = \underset{\boldsymbol{\beta}}{\operatorname{argmin}} \{ \|\boldsymbol{Y} - \mathbf{X}\boldsymbol{\beta}\|^2 \},$$

is the ordinary least squares estimator.

Without loss of generality, rotate X such that:

$$\boldsymbol{\Sigma} = \operatorname{diag}(\lambda_1, \lambda_2, \dots, \lambda_p),$$

where the  $\lambda_i$ 's are ordered in decreasing order.

To see the nature of this shrinkage observe that:

$$[\hat{eta}_{\lambda}]_j := rac{\lambda_j}{\lambda_j + \lambda} [\hat{eta}_0]_j,$$

where  $\hat{\beta}_0$  is the ordinary least squares estimator.

Using the bias-variance decomposition, (Equation 1), we have that:

#### Lemma 1

$$\operatorname{Risk}(\hat{\beta}_{\lambda}) = \frac{\sigma^2}{n} \sum_{j} \left( \frac{\lambda_j}{\lambda_j + \lambda} \right)^2 + \sum_{j} \beta_j^2 \frac{\lambda_j}{(1 + \frac{\lambda_j}{\lambda})^2}.$$

The proof is straightforward and is provided in the appendix.

## 2. Ordinary Least Squares with PCA (PCA-OLS)

Now let us construct a simple estimator based on  $\lambda$ . Note that our rotated coordinate system where  $\Sigma$  is equal to  $diag(\lambda_1, \lambda_2, ..., \lambda_p)$  corresponds the PCA coordinate system.

Consider the following ordinary least squares estimator on the "top" PCA subspace — it uses the least squares estimate on coordinate j if  $\lambda_j \ge \lambda$  and 0 otherwise

$$[\hat{\beta}_{PCA,\lambda}]_j = \begin{cases} [\hat{\beta}_0]_j & \text{if } \lambda_j \ge \lambda \\ 0 & \text{otherwise} \end{cases}$$

The following claim shows this estimator compares favorably to the ridge estimator (for every  $\lambda$ )– no matter how the  $\lambda$  is chosen, for example, using cross validation or any other strategy.

Our main theorem (Theorem 2) bounds the Risk Ratio/Risk Inflation<sup>1</sup> of the PCA-OLS and the RR estimators.

**Theorem 2** (Bounded Risk Inflation) For all  $\lambda \ge 0$ , we have that:

$$0 \leq rac{\operatorname{Risk}(eta_{PCA,\lambda})}{\operatorname{Risk}(\hat{eta}_{\lambda})} \leq 4,$$

and the left hand inequality is tight.

**Proof** Using the bias variance decomposition of the risk we can write the risk as:

$$\operatorname{Risk}(\hat{\beta}_{PCA,\lambda}) = \frac{\sigma^2}{n} \sum_j \mathbb{1}_{\lambda_j \ge \lambda} + \sum_{j:\lambda_j < \lambda} \lambda_j \beta_j^2.$$

The first term represents the variance and the second the bias.

The ridge regression risk is given by Lemma 1. We now show that the  $j^{th}$  term in the expression for the PCA risk is within a factor 4 of the  $j^{th}$  term of the ridge regression risk. First, let's consider the case when  $\lambda_j \ge \lambda$ , then the ratio of  $j^{th}$  terms is:

$$\frac{\frac{\sigma^2}{n}}{\frac{\sigma^2}{n}\left(\frac{\lambda_j}{\lambda_j+\lambda}\right)^2+\beta_j^2\frac{\lambda_j}{(1+\frac{\lambda_j}{\lambda})^2}}\leq \frac{\frac{\sigma^2}{n}}{\frac{\sigma^2}{n}\left(\frac{\lambda_j}{\lambda_j+\lambda}\right)^2}=\left(1+\frac{\lambda}{\lambda_j}\right)^2\leq 4.$$

Similarly, if  $\lambda_i < \lambda$ , the ratio of the  $j^{th}$  terms is:

$$\frac{\lambda_j \beta_j^2}{\frac{\sigma^2}{n} \left(\frac{\lambda_j}{\lambda_j + \lambda}\right)^2 + \beta_j^2 \frac{\lambda_j}{(1 + \frac{\lambda_j}{\lambda})^2}} \leq \frac{\lambda_j \beta_j^2}{\frac{\lambda_j \beta_j^2}{(1 + \frac{\lambda_j}{\lambda})^2}} = \left(1 + \frac{\lambda_j}{\lambda}\right)^2 \leq 4.$$

Since, each term is within a factor of 4 the proof is complete.

It is worth noting that the converse is not true and the ridge regression estimator (RR) can be arbitrarily worse than the PCA-OLS estimator. An example which shows that the left hand inequality is tight is given in the Appendix.

<sup>1.</sup> Risk Inflation has also been used as a criterion for evaluating feature selection procedures (Foster and George, 1994).

## 3. Experiments

First, we generated synthetic data with p = 100 and varying values of  $n = \{20, 50, 80, 110\}$ . The data was generated in a fixed design setting as  $Y = \mathbf{X}\beta + \varepsilon$  where  $\varepsilon_i \sim \mathcal{N}(0,1) \quad \forall i = 1,...,n$ . Furthermore,  $\mathbf{X}_{n \times p} \sim MVN(\mathbf{0}, \mathbf{I})$  where  $MVN(\mu, \Sigma)$  is the Multivariate Normal Distribution with mean vector  $\mu$ , variance-covariance matrix  $\Sigma$  and  $\beta_j \sim \mathcal{N}(0,1) \quad \forall j = 1,...,p$ .

The results are shown in Figure 1. As can be seen, the risk ratio of PCA (PCA-OLS) and ridge regression (RR) is never worse than 4 and often its better than 1 as dictated by Theorem 2.

Next , we chose two real world data sets, namely USPS (n=1500, p=241) and BCI (n=400, p=117).<sup>2</sup>

Since we do not know the true model for these data sets, we used all the *n* observations to fit an OLS regression and used it as an estimate of the true parameter  $\beta$ . This is a reasonable approximation to the true parameter as we estimate the ridge regression (RR) and PCA-OLS models on a small subset of these observations. Next we choose a random subset of the observations, namely  $0.2 \times p$ ,  $0.5 \times p$  and  $0.8 \times p$  to fit the ridge regression (RR) and PCA-OLS models.

The results are shown in Figure 2. As can be seen, the risk ratio of PCA-OLS to ridge regression (RR) is again within a factor of 4 and often PCA-OLS is better, that is, the ratio < 1.

## 4. Conclusion

We showed that the risk inflation of a particular ordinary least squares estimator (on the "top" PCA subspace) is within a factor 4 of the ridge estimator. It turns out the converse is not true — this PCA estimator may be arbitrarily better than the ridge one.

### Appendix A.

**Proof of Lemma 1.** We analyze the bias-variance decomposition in Equation 1. For the variance,

$$\begin{split} \mathbb{E}_{Y} \| \hat{\beta}_{\lambda} - \bar{\beta}_{\lambda} \|_{\Sigma}^{2} &= \sum_{j} \lambda_{j} \mathbb{E}_{Y} ([\hat{\beta}_{\lambda}]_{j} - [\bar{\beta}_{\lambda}]_{j})^{2} \\ &= \sum_{j} \frac{\lambda_{j}}{(\lambda_{j} + \lambda)^{2}} \frac{1}{n^{2}} \mathbb{E} \left[ \sum_{i=1}^{n} (Y_{i} - \mathbb{E}[Y_{i}]) [X_{i}]_{j} \sum_{i'=1}^{n} (Y_{i}' - \mathbb{E}[Y_{i}']) [X_{i}']_{j} \right] \\ &= \sum_{j} \frac{\lambda_{j}}{(\lambda_{j} + \lambda)^{2}} \frac{\sigma^{2}}{n} \sum_{i=1}^{n} Var(Y_{i}) [X_{i}]_{j}^{2} \\ &= \sum_{j} \frac{\lambda_{j}}{(\lambda_{j} + \lambda)^{2}} \frac{\sigma^{2}}{n} \sum_{i=1}^{n} [X_{i}]_{j}^{2} \\ &= \frac{\sigma^{2}}{n} \sum_{j} \frac{\lambda_{j}^{2}}{(\lambda_{j} + \lambda)^{2}}. \end{split}$$

<sup>2.</sup> The details about the data sets can be found here: http://olivier.chapelle.cc/ssl-book/benchmarks.html.

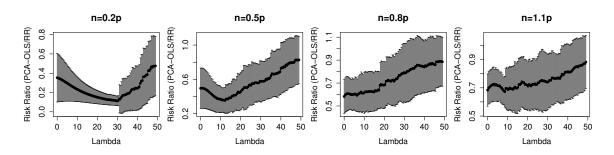


Figure 1: Plots showing the risk ratio as a function of  $\lambda$ , the regularization parameter and *n*, for the synthetic data set. p=100 in all the cases. The error bars correspond to one standard deviation for 100 such random trials.

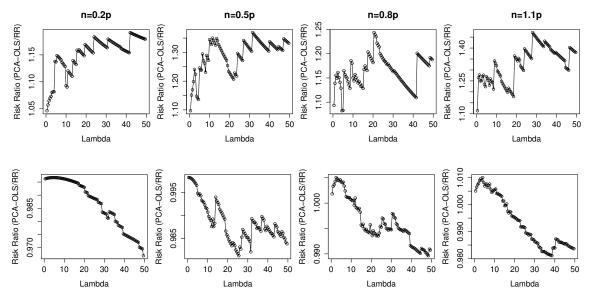


Figure 2: Plots showing the risk ratio as a function of  $\lambda$ , the regularization parameter and *n*, for two real world data sets (BCI and USPS-top to bottom).

Similarly, for the bias,

$$\begin{split} \|\bar{\beta}_{\lambda} - \beta\|_{\Sigma}^2 &= \sum_{j} \lambda_j ([\bar{\beta}_{\lambda}]_j - [\beta]_j)^2 \\ &= \sum_{j} \beta_j^2 \lambda_j \left(\frac{\lambda_j}{\lambda_j + \lambda} - 1\right)^2 \\ &= \sum_{j} \beta_j^2 \frac{\lambda_j}{(1 + \frac{\lambda_j}{\lambda})^2}, \end{split}$$

which completes the proof.

#### The risk for RR can be arbitrarily worse than the PCA-OLS estimator.

Consider the standard OLS setting described in Section 1 in which **X** is  $n \times p$  matrix and *Y* is a  $n \times 1$  vector.

Let  $\mathbf{X} = diag(\sqrt{1+\alpha}, 1, ..., 1)$ , then  $\mathbf{\Sigma} = \mathbf{X}^{\top}\mathbf{X} = diag(1+\alpha, 1, ..., 1)$  for some  $(\alpha > 0)$  and also choose  $\beta = [2+\alpha, 0, ..., 0]$ . For convenience let's also choose  $\sigma^2 = n$ .

Then, using Lemma 1, we get the risk of RR estimator as

$$\operatorname{Risk}(\hat{\beta}_{\lambda}) = \left(\underbrace{\left(\frac{1+\alpha}{1+\alpha+\lambda}\right)^{2}}_{I} + \underbrace{\frac{(p-1)}{(1+\lambda)^{2}}}_{II}\right) + \underbrace{(2+\alpha)^{2} \times \frac{(1+\alpha)}{(1+\frac{1+\alpha}{\lambda})^{2}}}_{III}.$$

Let's consider two cases

- Case 1:  $\lambda < (p-1)^{1/3} 1$ , then  $II > (p-1)^{1/3}$ .
- Case 2:  $\lambda > 1$ , then  $1 + \frac{1+\alpha}{\lambda} < 2 + \alpha$ , hence  $III > (1 + \alpha)$ .

Combining these two cases we get  $\forall \lambda$ ,  $\operatorname{Risk}(\hat{\beta}_{\lambda}) > \min((p-1)^{1/3}, (1+\alpha))$ . If we choose p such that  $p-1 = (1+\alpha)^3$ , then  $\operatorname{Risk}(\hat{\beta}_{\lambda}) > (1+\alpha)$ .

The PCA-OLS risk (From Theorem 2) is:

$$\mathrm{Risk}(\hat{eta}_{PCA,\lambda}) = \sum_{j} \mathbb{1}_{\lambda_j \geq \lambda} + \sum_{j:\lambda_j < \lambda} \lambda_j \beta_j^2.$$

Considering  $\lambda \in (1, 1 + \alpha)$ , the first term will contribute 1 to the risk and rest everything will be 0. So the risk of PCA-OLS is 1 and the risk ratio is

$$\frac{\operatorname{Risk}(\beta_{PCA,\lambda})}{\operatorname{Risk}(\hat{\beta}_{\lambda})} \leq \frac{1}{(1+\alpha)}.$$

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Now, for large  $\alpha$ , the risk ratio  $\approx 0$ .

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